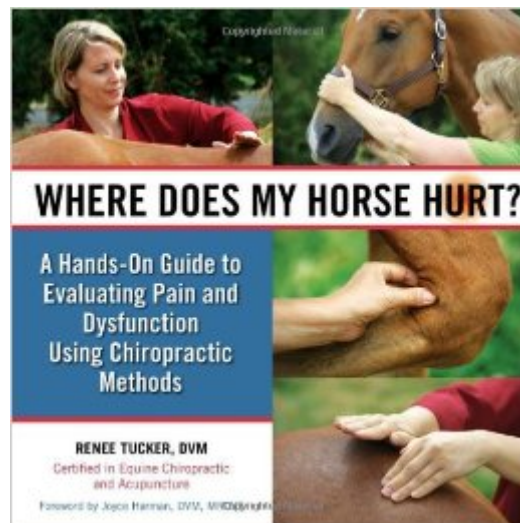


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# Where Does My Horse Hurt?: A Hands-On Guide To Evaluating Pain And Dysfunction Using Chiropractic Methods



## Synopsis

Keep your horse pain-free and performing his best! Introducing 27 simple body checkups you can do on your horse! "Where Does My Horse Hurt?" is a do-it-yourself method for determining when and where your horse hurts. With this easy-to-follow book, conveniently spiral-bound so you can lay it open on your tack trunk and follow the instructions as you work on your horse, you will:

- Become familiar with your horse's normal range of movement so you can prevent minor issues from becoming major.
- Stay in tune with areas of temporary or chronic discomfort so you can offer relief as needed.
- Solve "mystery" or "phantom" lamenesses that come and go seemingly without reason.
- Save thousands of dollars by avoiding expensive diagnostics that rarely get you answers.
- Learn how to discuss potential problem areas with farriers, veterinarians, and bodyworkers.
- Keep your horse actively and happily "in work" for more months of the year, and more years of his life.

## Book Information

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## Customer Reviews

I've found this book to be a great help. The photos, charts, ratings, and illustrations make it very clear where exactly to touch him and how to touch him, as well as what his response is telling me. The writing is sensible and direct, personable and friendly. The author is both a vet and a chiropractor, and she helps you figure out whether to call the vet first or the chiropractor first for a particular condition, rather than choosing up sides in any vet vs chiro debate. This book has also taught me a lot about horse biomechanics (did you know a horse is like a suspension bridge?) and

how underlying conditions such as arthritis affect the horse's body. I recommend this book to any horse owner, including newbies and those whose horses are perfectly comfortable and sound. The dozens of "body checks" will help any horse lover learn to feel not only what is wrong, but what is right. And if you know how it is supposed to feel, you will figure it out much sooner when something is off. I see that the book is available in hardcover and spiral binding. I bought the spiral bound version and I like it a lot -- it's easy to lay it flat and refer to it while in the barn.

Finally, a book that teaches how to understand what is going on with my horses. My horses (think my equine kids) play -- the Friesians in particular -- and sometimes come in looking a little sore. This book taught me to put my hands on them and understand what is going on. It is peace of mind to know when I need to call the vet or chiropractor and when I don't really need to or can at least let it work itself out for a few days without automatic panic setting in. I train all my horses using classical techniques to keep them sound. That alone isn't enough. This book is a must have if you want to understand where pain happens, why, and what to do about it.

This book is so nicely done. The pictures are amazing and the author makes the information so easy to understand. This is a book that is very helpful to someone that is just learning the horses anatomy and her writing is clear and concise and a pleasure to read. The book is in the format that you can take out to your barn and practice which is always helpful. This is a great addition to anyone's library who has horses. I recently took an introduction equine massage class with Jim Masterson and this book is a very nice addition to the book that Jim wrote, Jim's book is also a beautifully done book and with the two of these you can do some wonderful things to make your horse stress and pain free. I highly recommend that you buy this book as well as Jim Masterson's book.

I purchased this after my horse was getting really cinchy. The idea that there's a book that guides you on whether you will need a vet or a chiropractor makes so much sense to me. The way this book is written is so easy to understand. From the detailed pictures on how to check different joints to drawing depicting the different joints and bones to the testimonials the author has with previous horses, this is a great book. I have already read through it once (I've only had it a week) and plan on reading it again while going over some of the "tests" with my horse. I really like that she offers you a list of signs/symptoms, then tells you what to check and how it should respond (movement, no movement, etc). At the end of each section, she lays it all out... If you found A, B, C you should call a

vet; if you found D, E, F a chiropractor will work better. Makes it really easy to understand. Overall a great book, I would definitely recommend this to any horse owner even if you're just beginning!

I found this book well thought out and the pictures are great for demonstrating the movements exactly. I've performed a few of the massages on my trail horse after we spent that extra hour or two on the trail and while at first he wasn't sure what was happening, soon the look of bliss came upon his face. The hard part was getting him to turn around so I could work on the other side as I did use a wall that he could lean up against. There are a few new books hitting the market with similar messages but I found this book to be the best of the couple that I have purchased. Clearly, it was thought out well prior to publishing. Kudos to those involved.

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